



# Snowshoe Retreat

**Sunday, March 14th  
2-4 p.m.**

**Come for an afternoon of enjoying God's beautiful  
Winter creation out on the rural MICAH site!**

**Kids & Youth Welcome!**

**If you need to rent snowshoes MICAH has a few extra pair...  
first come first serve. The University of Minnesota Crookston rents  
snowshoes at the student center for \$2.50 per day as well.**

**Register by Thursday, March 11<sup>th</sup>. You may leave a message.**

**Call: #281-4853**

**Please call the number above if you need directions to the MICAH property.  
And, please, call if you need a ride.**

**Free Will Offering**

**Sponsored by:**

**MICAH**

**(Minnesota Institute of Contemplation & Healing)**

***www.micahprays.org***

